





TcpO2 - A Simple Non-Invasive Screening Tool for Peripheral Arterial Disease in the Diabetic Patient

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### **Abstract**

Non-invasive measurements of limb systolic pressures are used routinely to assess the severity of peripheral arterial disease, including the evaluation of critical limb ischemia. Ankle pressures, however, cannot be measured reliably in patients with calcified vessels as is commonly seen in patients with diabetes.

 $TcpO_2$  measures the  $pO_2$  of the capillaries in the dermal layer of the skin and is not affected by these calcified vessels.  $TcpO_2$  monitoring is a useful screening tool to identify hemodynamically significant peripheral arterial disease, especially in the diabetic patient.

### **Case Report**

The patient was a long standing insulin dependent diabetic with a non-healing ulcer of the right foot, Charcot joints, diabetic neuropathy and no palpable pulses below the poplitials. Bilateral ankle-brachial indices (ABI) were 1.0 (normal).

Past surgical history is positive for bilateral little toe amputations for osteomyelitis.

### **LT Foot Charcot Deformity**



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The patient was treated with appropriate antibiotics, multiple surgical debridements and appropriate standard wound care over the course of six weeks without significant wound healing.

### **RT Foot TcpO2 Sensor Sites**



 $TcpO_2$  monitoring was performed to rule out tissue hypoxia as one of the contributing factors in failure of this wound to heal.

### **TcpO2 Equipment**





#### Interpretation of TcpO2 Study

Air - Site #3 had  $pO_2$  of 14 mmHg on room air. A  $pO_2$  below 40 mmHg is not usually adequate to support the cellular metabolism of wound healing.

TcpO2 monitoring was performed to R/O Tissue Hypoxia as one of the contributing factors in failure of this wound to heal.

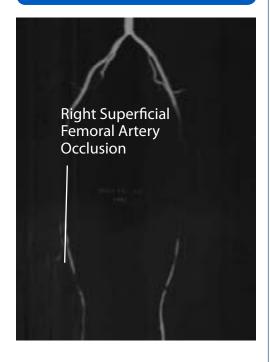
**Elevation** - When the legs are elevated  $30^\circ$ , the pO<sub>2</sub> at sites #2 and #3 dropped significantly. This occurred because the blood flow (and consequently the pO<sub>2</sub>) decreased distal to the obstruction when flowing against gravity. This identifies a vascular obstruction.

 $100\% \, O_2$  - When the patient was then given an  $O_2$  challenge, both sites #2 and #3 increased significantly. This result indicates that the tissue hypoxia is reversible, thereby confirming the patient is a candidate for Hyperbaric Oxygen Therapy (HBOT).



Arterial obstruction was suspected due to the drop in pO<sub>2</sub> with elevation of the legs. An MRA was ordered and identified that the patient had an occlusion of the right superficial femoral artery.

### **Before Treatment**



The patient was referred to a vascular surgeon for possible bypass.

# TcpO<sub>2</sub> monitoring in this case helped identify:

- **1.** A major arterial occlusion of the right superficial artery.
- **2.** Local tissue hypoxia at the ulcer (site #3 on air).
- 3. The tissue hypoxia was reversible with an oxygen challenge (sites #2 and #3 at 100%  $O_2$ )

### Conclusion

- $TcpO_2$  is a useful screening tool to identify patients suspected of having a major arterial occlusion.
- $TcpO_2$  identifies reversible tissue hypoxia (candidates for HBOT).

### About Precision Health Care

Precision Health Care is a comprehensive wound healing and hyperbaric medicine service organization dedicated to the development of state-of-the-art hyperbaric and wound healing centers through partnership and collaboration with our affiliate hospitals.

Community-based and patientfocused, we are driven by this mission philosophy: To provide select hospitals safe, comprehensive, compassionate wound healing and hyperbaric services for patients in need.

### **Questions or Comments?**

### Contact us: at Precision Health Care: 1-888-HyperHeal (497-3743)

### **About the Author**



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## THE PRIMARY CARE PHYSICIAN SHOULD REFER THE PATIENT FOR ADVANCED WOUND CARE IN A WOUND HEALING CENTER IF THE PATIENT:

- Has a wound that persists for more than 30 days after treatment
- Has a wound and Reynaud's phenomenon
- Has purpura
- Has a wound and hypertension
- Has gangrene or necrotic tissue in a wound
- Has a wound and diabetes

